Kirundi

URI TEGU Ye?

Ubuyobozi bwihuta ku Cass and Clay

Buharuye byashoboje Cass and Clay Ubusabane Byumuteguro Wihutirwa

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Amakuru nyamukuru

Nimba ugomba ukugarukirwa vyihutirwa, hamagara, 911. Aya masoko arimunsi yashizweko kugirango agufashe munteguro ziwawe zihutirwa.

Ville ya Fargo:
Cityoffargo.com
Fire: 701-241-1540
Police: 701-241-1437

Ville ya Moorhead:
Cityofmoorhead.com
Fire: 218-299-5434
Police: 218-299-5120

Moorhead Emergency Management:
218-299-5433

Ville ya West Fargo:
Westfargo.org
Fire: 701-433-5380
Police: 701-433-5500

Cass Fargo Emergency Management:
701-476-4068
Cityoffargo.com/emergencies

Clay County Emergency Management: 218-299-7357
Claycountynd.gov

Clay County Sheriff:
Claycountynd.gov
218-299-5151

Ville ya Dilworth:
Dilworthcitymn.com
Fire: 218-287-2313
Police: 218-287-2666

Fargo Cass Public Health:
701-241-1360
Fargocasspublichealth.com

Clay County Public Health:
218-299-5220
Co.clay.mn.us/Depts/Health/Health.htm

Statewide Information and Referral: (Minnesota and North Dakota): Akura kuriyi nimero 211

American Red Cross:
Redcross.org/local/nd
701-364-1800

"Call before you dig:"
Minnesota and North Dakota:
Akura kuriyi nimero 811
www.nd.gov/des

Poison Center:
1-800-222-1222

Imbuga ngurukanabumenyi

Ikoreshwa ry'imbuga nguruganabumenyi ryatumye ubutumwa bwerekeye ikiza busohoka ningoga, kandi bugashikira abantu benshi. Mu gihe habaye ikiza, inzira z'imbuga ngurukanabumenyi zo ku rwego rw'igisagara canke rw'igihugu nizo nkomoko z'amakuru yo kwizigirwa.

Umurwi ujejwe Ibiza wo muri Cass-Fargo
Facebook: Cass County Emergency Management

Igisagara ca Dilworth
Facebook: City of Dilworth, Minnesota
Twitter: @cityofdilworth

Igisagara ca Fargo
Facebook: City of Fargo
Twitter: @cityoffargo

Igisagara ca Moorhead
Facebook: City of Moorhead, Minnesota-City Government Page
Twitter: @cityofmoorhead

Igisagara ca West Fargo
Facebook: City of West Fargo-Government
Twitter: @CityofWestFargo

Umurwi ujejwe Ibiza wo mu karere ka Clay
Facebook: Clay County Sheriff's Office

Amagara y'Abantu mu karere ka Clay
Facebook: Clay-Wilkin Partnership 4Health

Amagara y'Abantu muri Fargo Cass
Facebook: Fargo Cass Public Health
Twitter: @FCPH

CodeRED

CodeRED ni uburyo bwo gutanga inkuru hakoreshejwe imashini, zigashobora gushikira abantu kw'iterefone, ubutumwa bwanditse,hamwe n'ubutumwa ngurukanabumenyi.

Inkuru za CodeRED zitangwa kubera imvo zitandukanye, harimwo n'ibiza kama, ukubangamirwa n'iterabwoba, ukuva kw'imyuka, ukwandura kw'amazi, uguseseka kw'ubumara, inkuru zo kurangisha umwana yazimiye, hamwe n'amakuru yo kumenyekanisha atangwa mu karere muri rusangi.

CodeRED irafise kandi inzira ishoboka yo kugabisha amakuru y'ikirere cifashe nabi cane itangwa n'Urwego rw'Igihugu rujejwe Amakuru y'Ikirere.

Kwiyandikisha kubera CodeRED , nugende kuri rrrdc.com/codered/ canke hamagara kuri 701-476-4068 mu karere ka Cass canke 701-299-5151 mu karere ka Clay. Inkuru utanga zizokoreshwa mu ntumbero zo gutanga inkuru za CodeRED gusa.

Ikibujijwe ni ikirebwa

Ikireba umuyaga, bisigura yuko umuyaga ushoboka mugace kiwanyu. Iyo isaha yerekanye, umviriza radio yiwanyu n'umurongo w'Imbonesha Kure(TV) mu kongera amakuru canke reba **weather.gov**. Witondere impinduka z'ikirere no kwirinda ingendo zidafise akamaro.

Ikimenyesha umuyaga gisigura ko umuyaga uba-werekeje mu canke wageze mu akarere kanyu. Mugihe ikimenyesha umuyaga cerekanye, ubuhinga mumutekano burasaba yuko uguma imbere; n'ahantu heza ho
kukurinda wenyene. Ntukagire ngo ntacihutirwa kubera ko ikirere cera.

Ikimenyesha

Ikimenyesha co hanze ca tubujije **gukwirakwiza imiti, umuyaga mwinshi n'ubundi buryo bwihutirwa**. Iyo ikimenyesha kizungurutse, genda imbere munzu hama ufate Imbonesha Kure(TV) canke umurongo wa radio kugirango urabe igitero uko kimeze nuko wirinda wenyene

Ntukiyumvire yuko nta vyihutirwa kubera ko ikirere cera. Igeragezwa ry'ikimenyesha rikorwa kuwagatatu wambere w'ukwezi n'isaha 1 z'umurango muri Fargo, Dilworth and Clay County. Umuji w'Iburengera zuba Fargo igeragezwa ry'ikimenyesha ni burimunsi na sasita z'umurango.

Ububiko bw'inyandiko ku bijanye n'Ingorane zidasanzwe

Akarere ka Cass

Igisata kiraba Imfashanyo zijanye n'Ibiza ca Dakota ya Ruguru, hamwe na First-Link, barafise ikibanza gituma imfashanyo zijanye n'Ibiza zigirira akamaro abantu mu gihe c'Ibiza mu kuronsa abafasha ba mbere inkuru bakeneye kugira ngo bashobore kwitegurira neza Ibiza hamwe no kubitorera umuti.

Abantu bagendana ubumuga, abasaza, hamwe n'abafise ingorane z'amagara zikomeye, bikwije mu bihe bisanzwe, bashobora kugira ingorane mu gihe c'ibiza.

Iyi ngorane imwe irafata kandi abandi bantu bakenera imfashanyo zidasanzwe. Inkuru zose zo ku muntu ziri mu mashine ziguma mw'ibanga. Niba ukeneye amakuru yandi ajanye n'izi mfashanyo canke kwiyandikisha, hamagara **FirstLink kuri 211 canke nuje kuri nd.gov/ndsnr/**

Akarere ka Clay

Inkuru zegeranijwe muri iki kibanza zikingiwe n'Itegeko rigenga Ingene Asiranse y'Amagara y'Abantu ifatwa (HIPAA) kandi zizokoreshwa gusa mu gihe c'ikiza n'Amagara y'Abantu n'abafasha ba mbere mu karere ka Clay.

Abantu batishoboye barimwo ariko ntibagizwe gusa na :

- Abagendana ubumuga bw'inyifato, bwo mu mutwe, canke bwo ku mubiri
- Abamagara make canke abashaje
- Abatagira uburaro
- Abavuga Icongereza gike canke Abatakivuga namba
- Uwutunzwe n'ukwa muganga canke n'imiti
- Abana batoyi

Abantu bumva ko badashobora gushikira canke gukoresha neza canke batekaniwe ibikoresho bisanzwe bitangwa mu gihe c'ikiza. Mu kwiyandikisha, hamagara Amagara y'Abantu mu karere ka Clay ku nomero **218-299-5220**.

Gira umugambi kandi uwitoze

Turimo kwitegurira ibyihutirwa, kugiti c'umuntu, imiryango ndetse n'imishinga irashobora kugabanya gutakara kw'ibintu n'inkomeri kandi bakagira inzira yo kubigarura kuba iyoroshe. Soma aka gatabo kugirango wimenyereze cane ingaruka zimwe za Cass na Clay counties. Icongeyeho, gushiraho umugambi wihariye urimo: gutakara kw'ibintu.

Inzira zo guhunga—Shushanya inyubako y'inzu yawe cyangwe y'ibikorwa n'inzira zibiri zo guhungiramo muri buri cumba.

Aho tuzahurira—Hitamo aho tuzahurira mbere na mbere kure y'amazu yanyu cyangwa ibikorwa; harimo inyamanswa muruyu mugambi.

Itumanaho rwihutirwa—Umuryango wawe cyangwa abakozi bashobora kutaba hamwe mugihe c'impanuka, rero teganya uko ushobora kumenyesha bur'umwe n'umwe. Hitamo umuntu umwe inyuma y'umunjyi ushobora gushitsa amakuru. Umenyeneza ko umwe wese afite amazina amenyeshwa, inomero n'umurongo wa e-mail.

Ubwishingizi na vital records—Kubona cyangwa kwishingiza ubutunzi, ubuzima n'ubwishingizi bwo kubaho. Gusuzuma politique yabayeho kugirango mwemeze yuko mufite inkingirizi ihagije mugukemura ibibazo bwawe.

Ibibazo bidasanzwe—Nimba wewe cyangwa umwe mubavandimwe bawe afite ubumuga cyangwa ikibazo kidasanzwe, ushireho umubano n'abaturanyi, ababyeyi, inshuti n'abo mukoran'akazi bashobora gutanga imfashanyo mugihe byihutirwa.

Reba kandi ubikoreshe burimwaka—Kora ihagarika rikenewe kugikoresho cawe co gushusha, igishusha amazi, sump pump n'uburyo butanga umuyaga burimwaka. Kureba kandi umuteguro wihutirwa Kugirango umenyeneza ko urutonde rwabamenyeshwa n'inzira zo guhungiramo ziteguwe. Suzuma inzira zihutirwa kugirango umenye neza ko ibikoresho bikiri muburyo bwiza.

Kubaka kit yo gutegura yihutirwa

Impanuka zishobora kuba muburyo bwihuta kandi zitabimenyekanishije. Mushireho kit yashiriweho kubafasha guhangara ibibazo bitandukanye byihutirwa.

Ingaruka za kit yawe:

⇒ Kit ikoreshejwe bwambere, imiti isanzwe n'isoko y'imirire ifasha kwiyubaka mubikoresho by'ubuvuzi bikenewe, nk'ububiko bw'umuyaga.
⇒ Radio y'ama piles, Itara, piles ryongererwa umuriro.
⇒ Ibyerekeranye n'imirire, byomurugo bishobora gukingura
⇒ Amazi yo mw'icupa(1gallon y'amazi kumuntu kumunsi no muminsi 3)
⇒ Amahuzu adasanzwe ashushe arimo ikirato kirekire, mittens n'ingofero.
⇒ Y'umutuku cyangwa ishifo yibara-rigiye gutukura
⇒ Ubugenzuzi bw'ikirere bwa radio NOAA

Kubugenzuzi bw'ikirere bwa NOAA irakangurira abantu bose ibyubugenzuzi bwikirere butinyisha n'impanuka z'isi n'ingaruka y'imyuzure y'amazi iterwa n'abantu n'umuriro wo mw'ishamba uterwa no gutambwa kwibiwutera by'ubwoko bwa Chimie. Rario y'igenzurakirere NOAA ishobora kugurirwa mumaduka manini ahenze, kubagurisha kimwe kimwe no kubabigendana.

Wifuze gutegura kit mumodoka yawe, ubwato bunini na RV cyangwa camper. Ushizehamwe ibintu twatondekanyije hejuru, **kit y'imodoka ikwiriye kugira:**

* kizimya moto.
* cable za demarrage na cable imwe ya remorquage.
* boussole n'ikarita y'inzira.
* Shovel
* kit yo gukora amapine na pompe.
* Imwenda yo guhinduranya kugirang'ugume mubushuhe.
* umuhanda flare.
* kit y'ibikoresho bito.
* kurwanya ibitezwe cyangwa umusenyi wa traction y'amapine.

Ukeneye amakuru ahagije yo kubaka kit yihutirwa, hamagara American Red Cross kuri 701-364-1800 or ready.gov.

Amatungo mugihe c'impanuka

Nimba uhunze, inzira nziza yo guhungisha amatungo yawe nu kuyahungisha, nayo. Usiga amatungo inyuma, n'ubwo ugerageza gushiraho ahantu hatekanye kurizo, bigasa nkaho byozitera imvune, kuzimira cyangwa birenze.

Ugire ahantu hatekanye ushira amatungo
Ubuhungiro bwa croix-rouge mugihe c'impanuka ntishobora kwemera amatungo. Amatungo akoreshwa (amatungo afasha abantu bamugaye) niyo matungo yonyine yemerewe mubuhungiro bwa croix-rouge. Societe yita kumatungo ntishoboye gufata amatungo mugihe c'impanuka.

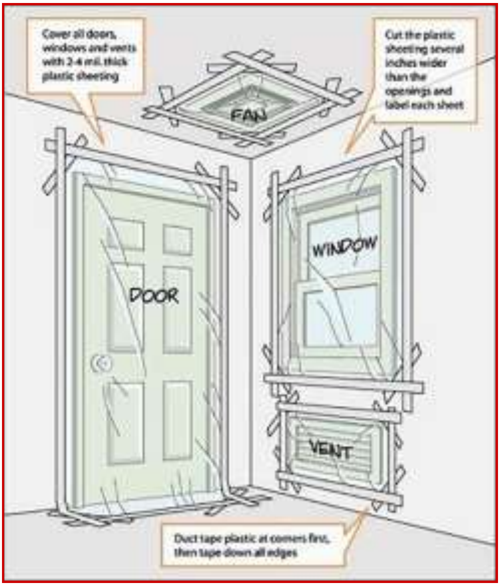
- ⇒ Kora urutonde rw'""amatungo yororwa"ahantu, harimo nimero za telephone. Baza nimba ari "ntatungo rifasha" politique ishobora gushirwaho byihutirwa kuma hotel, motes cyangwa ahantu h'umuturanyi.
- ⇒ Baza abomuvukana, inshuti cyangwa abandi barihirwa yahabaye ikibazo nimba bashobora kuragira amatungo yawe mumago yabo.
- ⇒ Zan'amatungo yororwa munzu mugihe byihutirwa bitangiye kugirango ntuzishakishe nimba ubaye uhunze wihuta.
- ⇒ Umenye neza ko imbwa n'inyabu zose zambaye imigozi y'umutekano wazo nimba ifashe, kugeza wimenyekanishije none aha.

Inyoni zikwiriye kutwarwa mw'itonga ritekanye rw'urugenzi. Kugwiza ibiti bw'imbuto ibihuru bibisi birimo amazi. Mufite iphoto imenyekanisha n'impeta. Muzane amakaratasi menshi yo guhanagura cyangwa ibinyamakuru mukoreshe mwegeranya imyanda mukazu k'inyoni.

Inzoka zishobora gutwarwa muri pillowcase ariko zigomba kujanwa munzu itekanye igihe zibonye ahantu ho gusohokera. Fata bowl nini cane y'amazi uzigendeshe na pad ishushe. Mugihe wikoreye **inzu y'umuserebanya,** kurikiza uburyo nkubwo wabwiwe ku nyoni.

Amatungo mato yontsa (hamsters, gerbils, etc.) zitegerezwa gutwarwa mubintu by'umutekano. Fata igikoresho kirarira, na bowl n'icupa ry'amazi. Societe yita kumatungo ishobora kutanga amakuru ngombwa y'amatungo mugihe c'impanuka.

Sheltering in place



Amwe mumakuru mushobora kuba mwaratanze igihe ibikoresho vyicana bishobara kuba vyaratanzwe mumwuka nivyo “kubahomu-ubwiherero.” Uku kwirinda kurondera kugucungerera umutekano muku kunyegeza imbere. (Ntabwo ibi ari ibintu bimwe no kuja kubaho rusange ku amasomo canke ahandi hantu.) **Kubaho-mu-ubwiherero bivuga guhitamo icumba c’imbere kidafise canke amadirisha make hama ukagira ubuhungiro ngaho.** Ivyo ntibisigura kwinyegeza munzu yose canke munyubakwa y’ibiro

Urashobora gurondera kubaho-muubwiherero nimba-ivyanduza vy’imiti, vy’irondoka canke radioligical vyashizwe mu ibidukikije. Nimba ibi bibabye, abayobozi bo hasi bazotanga amakuru ku Imonesha Kure(TV) na radio k’ugufasha kwirinda n’umuryango wawe. Ugire radio canke Imbonesha Kure(TV) kukazi no muhira kugirango mumenye n’ingoga ivyerekeranye n’ibishobora kubica vyihuse.

Menya uburyo bwo kubaho-mu-ubwiherero

- Kinga kandi wugare amadirisha yose n’imiryango y’imbere.
- Ni bakubarira ko hariya aye hari ingorane y’ibiturika, ugara idirisha, hamwe n’amarido.
- Zimya vantirateri,n’amatara n’ibitera ubukonje canke ubushuhe (climatiseur).
- Ugura inzira y’umuriro.
- Uronke ububiko bwihutirwa na radio.
- Genda mucumba c’imbere **kidafise** amadirisha kiri hejuru yubutaka. Uzane itungo.
- Ukoreshe imeteri n’ihema y’umupira (biremereye gusumba ibahasha ifunze indya) Kugara imyenge yose izengurutse umuryango ni imyenge imbere mu icumba.
- Guma wumviriza radio n’Imbonesha Kure(TV) gushika naho bakubarira yuko vyose bitekanye.

Gukurako no kubaho rusnge

Abategetsi bo munzego z'ibanze ba guverenema bifuza amategeko yo gukurako mugihe habaye ibitero byimpanuka z'isi. Umviriza kuma radio w'iwanyu n'icegeranyo c'Imbonesha Kure(TV) igihe habaye ivyihutirwa. Nimba abategetsi bibanze bagusavye kwimuka bikore ubwo nyene!

Nimba ufise akanya ko gukurako gusa, andika ibi bikurikira:

⇒ Kurontswa imiti–amabwirizwa y'imiti, ibande n'igeragezwa ry'indwara y'igisukari, nibindi.
⇒ Amarori, canke inzira z'itumanako n'inyishu yo kuza.
⇒ Igikoresho co gutegura cihutirwa (raba urukaratasi 3)
⇒ Impuzu ni ibikoresho vyo kuryamana
⇒ Kontake y'imodoka

Nimba abategetsi bibanze batarabamenyesheje guca mukurako, akira ububuryo bwo kwikingira imuhira mbereyuko mugenda:

⇒ Zimya umuyagankuba kuri fisible niniya canke aho kugara kandi ugara amazi ku itiyo niniya iyazana.
⇒ Reka umuyaga usanzwe nkeretse abayobozi bibanze babisavye ukundi.
⇒ Nimba murindiriye umuyaga mwinshi, ugara neza imbere ya amadirisha yose.
⇒ Nimba murindiriye umwuzure wamazi menshi, iyumvise gukoresha imipfuko n'umusenyi mukuyigizayo.
⇒ Gumana ibitabo vyankenerwa–icemezo co gutwara imodoka, ikarita y'umutekano usanzwe, ubwishingizi bwa polisi, seretifika yo kuvuka na mariage, ibigega, namasezerano, n'ibindi.

Kubaho mubudyo rusange birashobora gutangura muburyo bumwe bwihutirwa canke kumpanuka z'isi.

Itangaza makuru ry'akarere rizamenyesha aho rikorera. Mubibazo bimwe na bimwe kubaho kuzatanga gusa ibintu bimwe vyankenerwa nk'indya, ibitanda, n'amaringiti. Wizigire yuko inyamanswa zitungwa(nkeretse amatungo yo gukora) mubisanzwe ntizemerewe mubuhungiro rusange

Inkuba n'imiravyo

Nimba ushobora kumviriza inkuba, uba wugarijwe rwose n'umuyaga n'ugukubitwa n'inkuba. Uce ugenda aho kuba-mu-ubwiherero hatekanye, hama w'umvirize radio y'ohafi n'Imbonesha Kure(TV) kugirango uronke amakuru unatahure. Umenye neza ko NOAA yikirere yuguruye.

Iyo umuyaga uje, ucomokore ibikoresho hama uce uzimya kirimatizeri. Uramenye gukoresha telephone canke ikindi gikorosho cose c'umuyaga nkuba, kandi ntuje muri dushe canke koga.

Nimba uri mu ibiti, Raba ahokuba munsi y'ibiti bigufi. Nimba uri kuryoherwa mubwato canke w'oga, genda kubutaka hama urondere aho-kuba n'ingoga!

Nimba utaronse ahokuba, genda mumisozi migufi, ahantu hatazutse kure y'ibiti, amapoto, canke ibintu vy'ivyuma. Usungarare hasi kubutaka, hama ushire amaboko kumavi umutwe hagati yayo. **Ntimuze muryame hasi kubutaka!**

Nyuma umuyaga urahita, guma kumpande yaho umuyaga wononye. Umviriza radio canke urabe Imbonesha Kure(TV) y'ohafi utahure umenye n'amakuru.

Nimba hari uwakubiswe n'inkuba, umugabo canke umugore ntakurikiranwa nibiraba umuyaga nkuba kandi abikorerwa n'umutekano wose. Hamagara 911 hama utange ubufasha butangura.

Ubumenyi bw'ubufasha butangura bushobora kuba buhambaye, rero ubigishe ubunyene. Raba urukaratasi ry'umuhondo ruriko urutonde ry'abatanga inyigisho zigisha ubutabazi.

Igihuhusi

Ibuka: Nimba udafise inzu yo munsi y'igorofa, icumba co kogeramo muri etaje yomunsi munzu yiwawe na hantu heza ho kurondera ahuba mugihe c'igihuhusi. Emeza ko ufashe radio y'ikirere ahokuba igihe gitoyi.

Cabaye aho abarwango bari kwegeranizwa nimba igihuhusi cumvikanye munzira yawe. Inzu yo munsi y'igorofa ni nziza; nimba udafita n'imwe, rondera muga centre munzira zose, icumba co kogeramo canke wugare muri etaje yohasi cane.

Nimba uri hanze, inyegeze munzu yo munsi yigorofa canke kunyubakwa zegereye zo kwigiramo canke uje mumwobo canke ahantu hitse cane.

Nimba uri mumodoka canke mobile home, genda hanze n'ingoga hama urindire mumutekano. Nyuma y'igihuhusi, raba isinga z'umuyagankuba zononekaye kandi ntubazwa ivyononekaye murako gace. Umviriza radio canke urabe Imbonesha kure(TV) kugirango utahure umenye na amakuru.

Isinga Z'umuyagankuba Zirihasi

Nimba uzananye ahari isinga z'umuyaga nkuba zirihasi, uce uhunga ahohantu n'ingoga hama urondere ubutabazi wakuye 911.

Nimba uri mumodoka mugihe isinga z'umuyganknuba zaguye mu ibarabara, guma mumodoka gushika naho ubutabazi buje. Nimba ugomba kuva mumodoka kubera umuriro canke imvuneyomugaza:

⇒ Simba uveye kumodoka, witure hasi namaguru yawe yombi.
⇒ Ntufate umuryango w'imodoka n'usimba.
⇒ Niwashika hasi, usimbuke ugenda Hop—mugabo ntiwiruke. Rimwe mukibuga, usimbe ugenda—idakora.

Kunanizwa n’ubushuhe birashobora gutera ingorane y’ubushuhe kandi bigatera strock y’ubushuhe, bizana imvo z’urupfu k’umuntu.

Ibicu vy’ubushuhe

Ingorane duhuranazo igihe c’ubushuhe bwinshi nizi:

Cramps z’ubushuhe: Ubu n’ububabare bw’imitsi na spasms buva ku kwitanga gukomeye. Hariho ikimenyetso cihuta cerekana ko umubiri ufise ingorane n’ubushuhe.

Kunanizwa n’ubushuhe: Ibihe nkibi mubisanzwe bishika iyo abantu bagerageza cane canke bakora mubushuhe, Ahantu hadafise umuyaga mwiza, Amazi yo mumubiri yiyongera gutakara biciye mu kubirirwa. Ukubirigwa kuzanana n’amaraso agatemba kumubiri, uku gutakara kwa maraso bitera kugabanuka amaraso mubice bimwe mumubiri vyingira akamaro. Ibihe mwen’ibi ntibivurwa. Bikagira ingaruka y’ububabare bukomeye.

Ubushuhe bwa stroke (sunstroke): Ubushuhe bwa stroke nibihe-bitinyishije. Uwagoramiwe n’ibibihe vy’ubushuhe, bitanga ubushuhe kugirango umubiri uheme neza, ugahagarika akazi. Ubushuhe bw’umubiri burashobara kwiyongera mbere bukaduga bigatera ingorane m’umutwe kandi urupfu rukaza k’umuntu mugihe bitakunze ko aronka ubukonje bwihuta.

Nimba ibicu vy’ubushuhe bihinduka canke bishika…

- **Itonde.** Wirinde ibikorwa bikomeye.
- **Guma** mwidirisha umwanya ushoboka.
- **Ambara** impuzu zoroshe zifise amabara yoroheje.
- **Umwe** amazi menshi mumwanya ukwiye kandi umwanya wose.
- **Urye** indya nkenke kandi umwanya wose.
- **Ntuze** ukoreshe ibibuye vy’umunyu nkeretse wabihanguwe na mu ganga.

Umuyaga wo muci n'ubukonje bwinshi

Mbere yuko haza umuyaga, ube ufise amaringiti yumurengera, kandi umenye neza ko buri umwe wese wo mumuryango wawe afise ikoti rishuhisha, ibifuka intoki canke mittens, isapu ishushe yubushuhe, ibirato bikomerera amazi.

Mugihe c'umuyaga, wirinde kuja hanze. Nkuko ugomba, wambare impuzu zoroshe—nizo zizokugirira akamaro gusumba imwe iremereye. Upfuke umunwa wawe kugirango ubungabunge ibihaha vyawe n'ivumbi. Ugomba **kwirinda gukora urugendo n'imodoka** igihe c'umuyaga, mugabo **nimba ugomba:**

⇒ Utware igisanduka cihutirwa mumodoka yawe. (raba urukaratasi 3 kubirimo)
⇒ Ubike imodoka yawe yuzuye igitoro.
⇒ Ureke umuntu amenye aho ugiye, ibarabara no kugereranya umwanya, ushika ko.

Nimba ugira ingorane mumodoka…
⇒ Gumana imodoka yawe. Ntuze ugerageze kugenda gushika ahajejwe umutekano.
⇒ Shira igitambara c'irangi ritera amatsiko (nkiritukura nirwo ryankenerwa cane) kuri anteni kugirango abatabazi bakubone.
⇒ Tangura waste imodoka hama uyishuhishe buri iminota 10 kwisaha.
⇒ Ureke idirisha rimwe (ridatumberanye n'umuyaga) ryuguruye kugirango ryinjize akayaga.
⇒ Ureke amatara yake mugihe moteri ikora kugirango bakubone.
⇒ Niwicara, wigizeyo amaboko na amaguru yawe kugirango amaraso atembere kandi agume ashushe.

Nimba bigusaba ikintu co kukura ko urubura nyuma y'umuyaga, uvyitondere kwirusha wenyene. Ibikorwa vyinshi mubukonje birashobora kukuzanira ingorane kumutima wawe.

Kwikingira impanuka z'umuriro

Imiriro yo mw'ishamba kenshi itangira itabonetse kandi igakwira vuba, utwika ibihuru, ibiti, n'amazu. Abantu nyamara nibo batera imiriro yo mw'ishamba. Kugabanya ingaruka z'umuriro wo mw'ishamba itwika mugace kiwanyu:

- kwiyunga n'ababuza gutwika amashamba bitari m'uburyo.
- guhamagara 911 umenyesha umuriro w'ibyatsi cyangwa ubundi byoko byo gutwika kumugaragaro.
- kwigisha abana umutekano w'impanuka no kudacana ikibiriti na briquettes kure naho batuye.

Hariho ubundi buryo bwo kwimira impanuka z'umuriro, kandi. Uburyo bwo guharira inzu yawe uyirinda umuriro w'ishamba ukagira amahoro mubitekerezo. Guhitamo ibikoresho n'ibiti bishobora kujamo umuriro aho kujamo petrole. Ibikoresho bikomerera umuriro cyangwa igikoresho kitaka umuriro vuba kugisenge n'inyuma hose y'inyubako. Ibihingwa n'ibiti bito bikomerera umuriro cyangwa ibiti binini.

Ushireho uregero rw'intambwe 30 kuri 50 z'umutekano waho utuye hegereye inzu yawe ukuraho ibwatsi n'uduti. Kuraho ibimera byose byozana umuriro. Kuraho amababi yitura kugisenge hejuru. Saba ishirahamwe ry'umuriro gushiraho neza amatara kumurongo. Kuraho ibiti kurusika rw'inzu yawe kandi ukemure neza ibyatsi byokunzu burigihe.

Ukureho ahantu hintambwe 10 hegereye aho ushira tanks na grills. Usenye inkwi byibura kure y'intwambwe 100 hirya y'inzu yawe cyangwa ibikorwa byawe.

Ugumisheho isoko y'amazi ihagije hanze. Ufite itiyo imwe ndende ihagije yoshika ahantu hose mubintu byawe. Shira aho ufatira amazi impande zibiri kunzu yawe.

Kugira igikoresho kimwe canke birenga vyo kuzimya umuriro mu nzu iwawe. Hamagara igisata kijejwe imiriro mu aho uherereye kugira baguhe impanuro ku bwoko bw'ibikoresho bikora neza. Raba urupapuro rwa 3 inomero ya terefone y'igisata c'imiriro.

Gukingira Imiriro Abana: Sparky.org

Umwiza utunguranye

Mbere y'ikibazo c'umuyagankuba...

⇒ Nimba ufise urufunguruzo ry'umuryango wa garaje y'umuyagankuba, ranga aho ruri ubemerere kandi ubigishe uko barukoresha.

⇒ Shiramo igitoro mumodoka yawe vyibura wuzuze igice cayo; kuma station bagomba umukozi w'umuyagankuba kugirango abakirize ama pumps yabo.

⇒ Ugire bateri y'umurengera mumaboko kubw'intebe zigendeshwa na bateri.

Mugihe c'ikibazo c'umuyagankuba…

⇒ Ukoreshe gusa itara kubw'umuco nyawo–ntuze ukoreshe ama buji kubera ko zigwiza imvo zimpanuka munzu yawe muburyo buhambaye.

⇒ Nkuko vyama vyabaye ama Telephone adafise imigozi ntashobora gukora iyo amatara yacitse. Rondera rero ugireTelephone yakataraboneka munzu yawe. Telephone ngendanwa ntikora nkuko vyama vyabaye mugihe har'ingo rane kubera ko badashobora kumvikana neza kubera imbaraga zibahuza ziba zapungutse ko mugihe bahana hana amajambo bavugana.

⇒ Ugara ibikoresho vy'umuyagankuba ukoresha mugihe ubwo bushobozi budahari. Usigaze umuco kugirango umenye igihe umuyagankuba wagarutse.

⇒ Ntuze w'ugurure refrigerator na fredge. Nkuko vyama imiti myinshi igomba gukanyishwa irashobora kubikwa muri refrigerator mugihe c'amasaha menshi.

⇒ Ntuze ukoreshe munzu imbere canke murigaraje canke ntuyicomeke kumatara yo muhira. Nimba ukoresheje generator comeka ko igikoresho ugomba kuriyo neza.

⇒ Umviriza radio amakuru aheruka.

Kwihutirwa kwa natural gas

Mushobora gufasha mwiteganyiriza natural gas yihutirwa muhamagarana nigikorwa kirangisha (811 mubumanuko bwa Dakota na Minnesota) mbere yuko wimba iwawe. Ibyo bizagufasha kutonona isinga za gas.

Nimba wumvirije akamoto ka gas hanze, hungirakure yakarere kawe gushika naho utongera kumva kandi ako kamoto ka gas kandi wakure kuri 911. Ntuze usubire aho utuye gushika naho abategetsi bazokubwira kubikora gutyo.

Nimba wumva akamoto ka gas imbere, sohoka n’ingoga, wugare imiryango yuguruye kugirango ufashe akayaga kinjire munzu. Ntuze ukoreshe ibizimya umuco ibikoresho vy’umuyagankuba canke ama telephone(ngendanwa canke zomunzu) canke inyubakwa wakozeko. Zimya itabi kandi ntiwatse ikibirtiti. Yishire ahantu hatekanye kuva muhira hama wakure 911. Ntimuze mugaruke gushika naho abategetsi babihagarariye babarira ko hatekanye mugasubirayo.

Imyuzure no guturika kwamazi

Rero numwanya wo kwerekana yuko ahuri hari ingorane y’umwuzure. Nimba utemera ko kumbure ube mumazi y’umwuzure, hamagara ubutegetsi bwo hafi bubimenye. Nimba utuye ahantu hari umwuzure iyumvise kugura ubwishingizi bw’umwzure.

Mugihe **ikimenyesha umwuzure** cavuze, imura ibikoresho vyawe kandi ibikoresho vyankenerwa kuri etaje yo hejuru munzu yawe. Tegura isohoka rishoboka.

Mugihe **ikimenyesha umwuzure** cavuze, umviriza radio canke Imbonesha Kure(TV) kugiranho wumvirize amakuru kandi utahure.

Mugihe **ikimenyesha umwuzure** cavuze, hungira ahantu hirengeye kure n’uruzi, amazi atemba, imigende n’imivu y’imvura.

Ntugatware imodoka ahegereye ivyagomeye ibarabara. Nimba imodoka yawe iri mumazi yihuta, uce uhava kandi uje hejuru.

Ibihe vyihutirwa vya chimical

Kubera impamvu zimwe na zimwe, iyimiti idafise nkuko vyamavyabaye ubumara bwonona irashobora kwandukiriza canke konona amagara. Chemical nyamukuru yihutirwa ni impanuka itanga ibintu vyinshi bitinyisha vy'ubumara bwa chemical mubidukikije. Impanuka zirashobora kuba kubutaka munzira z'ivyuma canke k'ubutaka, no munganda zikora. Birashobora gutera umucanwa canke bigaturika, canke ushobora kunanirwa kuraba canke ntugire ico wumva.

Many trains carrying dangerous chemicals pass through Cass and Clay counties every day. What are your plans in case of a derailment/ chemical spill?

Ushobora kuba wugarijwe na chemical bivuye ku:

- guhema imwuka ya chemical.
- kumira indya zononekaye, amazi canke imiti.
- gukora kubumara bwa chemical canke bigakorana ko n' impuzu canke ikindi kintu cakoze kuruganda rwa chemical.

Nimba urihanze umaze umwanya mununiya wo gusohoka kw' imiti yonona, guma kuzuba canke kuyindi mpande yaho bisohokera no guca ubona umukungugu.

Mugabo chemicals ziba mubintu vyose–mubikoni vyacu, muma pharmacie, mubutaka munsi no mumagaraje. **Muri vyinshi twiyegereza bisa n'ivyakira chemical vyihutirwa bigatera abana bato kurya imiti.** Muvyo kwisiga mubintu vyogusukura nibindi bintu bikoreshwa muhira. Ubike imiti, amavuta yo kwisiga ni ibikoresho vyisuku, nibindi bikoresho vyimuhira kure yaho abana babona kandi bakora. Nimba umwna wawe ariye canke amwoye ikintu kitaribwa, raba umwvyaribiri hama uce umutwara kuri telephone. Akura kubiro bijejwe kurwanya isumu (raba urukaratasi 1 inomero) canke 911 kandi-umviriza ushishikaye amabwiriza baguha.

Wirinde ingaruka zo muhira

- Wirinde kuvanga vanga chemicals zikoreshwa muhira.
- Igihecose usome amabwiriza mbrere yuko ukoresha igikoresho gisha.
- Kirazira kumwa itabi uriko urakoresha chemicals zi muhira.
- Usukure ningoga ahaguye chemical kugirango urinde amaso yawe n'umubiri.
- Utegure neza ibikoresho kugirango ukingire ibidukikije n'ibibira.

Public Health
Prevent. Promote. Protect.

Ubuzima rusange bwihutirwa

Kwihutirwa kubuzima rusange harimo indwara zo mumazu, ibihe vyirondoka canke chemical vyihutirwa, ni impanuka z'isi. Amahuriro y'isuzuma ry'indwara no kwitegurira birabashishikariza kwitegura kumpanuka zose nagasanduka kimiti uzokoresha mugihe c'impanuka. Raba urukaratasi 3 uronke amabwiriza azagufasha gukora ako gasanduka kimiti kihutirwa.

Igitero ca bioterrorism gikurako nubugombe udukoko, bacteria (agakoko gatera indwara) canke nutundi dukoko dutoyi dushobara kwica no kwanduza indwara (germs) (twitwa"agents") dukoreshwa muguteza indwara kubantu, kunyamanswa canke kubiti. Ivyodusanga mucigwa ca Biologie bishobora gukwirakwira biciye mumuyaga, mumazi, canke mundya. Ivyihebe bishobora gukoresha ibintu vya biological kubera ko bishobora kuba bigoye kuvyanka kandi bishobora kudatera indwara mumasaha no muminsi myinshi. Bimwe mubifasha bioterrosisme, nka virus ya variole, bishobora kwanduza abantu n'abantu na namwe, nka anthrax ntishobora.

Fargo Cass Ubuzima Rusange na Clay County Ubuzima Rusange bifise umugambi wo gutanga imiti no kutanga incanco kubantu bose mugihe c'ubuzima rusange bwihutirwa. Ibikorwa vy'ahazatangirwa hazomenyeshwa kuri mwese nihagera habaye icihutirwa.

Mugihe hari igikorwa c'ubuvuzi kubantu bose, ama clinic ashobora guteganwa kurontsa incanco canke imiti kubantu bose

Integuro ku ndwara z'akaranda

Umufasha w'Amagara y'Abantu mu burere bwa Cass-Clay akorera aho ashiraho imigambi yo guhangana n'ibiza bishobora kwaduka nk'akaranda k'ibicurane na Ebola. Umurwi ugizwe n'abaserukira uburere bwa Cass na Clay, harimwo n'amashirahamwe y'amagara y'abantu, ibitaro, amavuriro, amashirahamwe ajejwe amagara y'abantu mu makaminuza, inyubakwa n'amakirinike abantu benshi bafashirizwamwo.Mu gihe c'ikiza c'amagara y'abantu,amavuriro ashobora gushirwaho kugira ngo hatangwe incandago canke imiti ku bantu.