



**Public Health**  
Prevent. Promote. Protect.

## FARGO CASS PUBLIC HEALTH

### BOARD OF HEALTH

November 17, 2016, 12:07 NOON

**Present:** Chris Anderson, MD; John Baird, MD; Dinah Goldenberg, Chelsey Matter, Arland Rasmussen, and Mike Thorstad

**Absent:** John Strand

**Others Present:** Larry Anenson, Michelle Draxten, Robyn Litke Sall, Ruth Roman, and Kim Vance  
Dinah Goldenberg, Chair called the meeting to order.

**Announcements:** Ruth let the board members know there is a temporary parking lot between the library and civic center to use until the construction of the new City Hall is completed. Circulated 2017 meeting schedule.

**Medical Marijuana:** We are getting phone calls from the general public on how Medical Marijuana will roll out and we have no involvement at this time. All questions are directed to the NDDoH. Dinah circulated a "It's time to talk turkey!" to remind folks to talk about your future wishes for advance care planning and health care directives. Chris Anderson emphasized how valuable the Polst Form is in the Emergency Room when someone is trying to make tough decisions.

**Approve minutes from October 21, 2016:** Arland Rasmussen made a motion to approve the October 21, 2016 meeting minutes. Chris Anderson seconded and motion carried.

**Budget Report:** Ruth gave the report on revenue at 83 percent which is normal this time of year. Discussed grants, calendar versus fiscal year, fluctuation of self-pay, Medicaid, and insurance billings. Expenses are right on at 81 percent for this time of year.

**Third Quarter Statistics:** Larry Anenson talked about the breast and cervical cancer screening. Child care facilities activity inspections, increasing numbers in laboratory, providing preventive education, and HIV and Hepatitis C testing. Today is the first day we have an insurance navigator to meet with clients that are signing up for insurance available in our building. School nursing is very busy and TB numbers have been stable. Kim Vance, we have increased 260 people a month maybe with more visibility in our new location. Discuss families moving into Fargo because they can afford to live here, get a job, and the WIC program is for working people. Kim said we have a lot of foot traffic; the word is out that can help them navigate the system.

Environmental health had no foot traffic in their old location but in our new location it is very good.

**Tobacco Tax:** Ruth was hoping for a different discussion and thanked the board for their support. Dinah Goldenberg did get a lot of positive feedback about the letter to the editor.

**Breastfeeding Initiative:** Ruth introduced Michelle Draxten and discussed how we were funded for childhood obesity and breastfeeding initiatives throughout the community. Michelle gave a PowerPoint presentation on objectives of program and breastfeeding benefits. Talked about Federal health reform and Nursing Mothers, North Dakota State Law, business benefits, STEPP (Support, Time, Education, Private Space, Policy), Worksite Breastfeeding Policy, Physical Space, Infant Friendly Worksite Designation and Application, NDDoH web site on breastfeeding, Infant Friendly Designated Worksites, City of Fargo Policy, Resources, Local Resources, and Support Groups. Mike Thorstad said West Fargo plans to address their policies. Arland Rasmussen said they have worked on it for Cass County.

**Mayor's Blue Ribbon Commission (MBRC) on Addiction:** Robyn Litke Sall said we had 30 employees attend a Narcan training and next goal would be to try to train City of Fargo employees. Discussed clinic location preference for medication assisted treatment. Next step is to get police chief approval. MBRC expert panels met on November 16. There was good representation, discussion included best practices for prevention, expansion on prevention, and short term action steps. Leadership team is trying to assess how much time we have and what type of framework that will work. Robyn said there are resources and gaps that need to be addressed. There is big need for sober living environments in this community.

**Staff support to Morton County:** Ruth, said we do continue to have public health staff out in Morton County. They are helping man the feeding stations and support system at that level. Chris Anderson asked if they were having a problem doing their jobs. All the folks out there work in the office so not seeing clients.

**Adjournment:** Cancelled the December 2016 meeting. The next Meeting will be January 20, 2017.

Respectfully submitted,

Linda Anderson  
Principal Office Associate